

## Women's Winter Warm-Up Bible Study

### **Me, Myself, and Lies: A Thought Closet Makeover By Jennifer Rothschild**

Lies are always easier to believe. And for that reason, women often find themselves struggling with self-esteem issues, body image, and other unhealthy thoughts.

Me, Myself, and Lies . . . A Thought Closet Makeover is a video-driven Bible study for women to encourage them to clean out the junk in their thoughts and failures with positive truths from God's word. Author Jennifer Rothschild shares practically and helpfully from her own life and from Scripture to show how every woman can turn her words, and her life, around for good.

The member book offers six weeks of personal interactive study (five days a week). The video sessions are 20 to 30 minutes in length.

This study will be offered on Wednesday evenings from 6:30 to 8:00 p.m. and Thursday mornings 9:30 to 11:30 a.m. in room 246 beginning Wednesday, January 20<sup>th</sup>, and Thursday, January 21<sup>st</sup>. The cost of the book is \$12.

Childcare will be provided for both sessions, but childcare will be provided by reservation for Thursday mornings.

Sign up sheets will be at the women's ministry table in the foyer.

**Informal Kick-Off - Wednesday, January 13<sup>th</sup>  
6:30 p.m. in Room 246**